# Half Mask Respirator Donning/Doffing Instructions for Respirator Use

### Donning

Only trained and fit tested users are allowed to wear half mask respirators.

- 1. Hand Hygiene
- 2. Check the filter assembly and valves to ensure there are no defect, if defects are found do not use the respirator and contact your supervisor to obtain repairs or replacement.
- 3. Place the respirator over your mouth and nose, then pull the head harness over the crown of your head.
- 4. Take bottom straps in both hands, place them in back of your neck and hook them together.
- 5. Position the facepiece low on the bridge of your nose for optimal visibility and best fit.
- 6. Adjust the top straps first, then lower neck straps by pulling (some models will only top or bottom straps). DO NOT pull too tight! (strap tension may be released by pushing out the back side of buckles.
- 7. Perform a positive pressure seal check.
  - Positive pressure seal check is performed by covering the exhalation valve and exhaling lightly. The facepiece should bulge slightly and no leaks should be detected between your face and the facepiece.
  - If leaks are detected, readjust the facepiece and repeat.

\*If assistance is need to untie gown, turn your back to room door for staff to untie gown (hand hygiene).

#### **ALLINA HEALTH**

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### Doffing

- 1. Perform hand hygiene
- 2. Put on gloves
- 3. Reach behind your neck and unhook the neck strap.
- 4. Grasp the respirator with both hands and lift the respirator forward an upward away from your face to remove the respirator and head harness.
- 5. Use an Oxivir disinfectant wipe to wipe down the entire inside of the facepiece, then using the same wipe complete the outer surface of the respirator, including the straps and head harness. (step 5 alternatives are listed below)
  - a. Be sure to use caution when cleaning the two valve diaphragms inside the respirator – they can be damaged if cleaned too aggressively. Dividing the diaphragm in quarters, start in the center of the diaphragm and wipe outward toward the edge until all quarters have been cleaned.
- 6. Allow for appropriate wet contact time of the disinfectant
- 7. Rinse with water or wipe the surfaces with a wet paper towel to remove disinfectant.
- 8. Do not allow the filter to get wet.
- 9. Air dry the respirator.

Step 5 - Alternate Cleaning methods with oxivir pour bottle

- Microfiber cloth/Washcloth/Wipe Alls 1 cloth
  - Saturate the cloth with disinfectant. Consider folding the cloth in half or into quarters.
  - Wipe down the entire inside of the facepiece, then using the same wipe complete the outer surface of the respirator, including the straps and head harness.
  - Move on to step 6
- Paper towels 2 paper towels
  - Saturate paper towel with disinfectant.
  - $\circ~$  Use one paper towel to clean the inside of the facepiece.
  - $\circ~$  Use a second paper towel to clean the outside, head piece and straps.
  - Move on to step 6