

# Donning and Doffing of COVID-19 PPE

Airborne + Contact Precautions and Eye Protection with N95 Respirator

**BEFORE entering room:** Remove all personal items (jewelry, watches, cell phones, etc.) and secure hair.



**Step 1:** Perform hand hygiene with alcohol-based hand rub (ABHR)



**Step 2:** Put on gown

- Insert thumb into thumb hole, if present.
- Tie all ties securely.



**Step 3:** Put on N95 respirator.



**Step 4:** Put on face shield

- Fully cover the face and forehead.



**Step 5:** Put on gloves

- Pull gloves over sleeves to cover wrists.



**After ENTERING Room**

Keep gloved hands away from face and avoid unnecessary touching of objects or surfaces.

**EXITING PATIENT ROOM**

**INSIDE Patient Room**

**Step 1:** Remove gown and gloves.

**Gown with thumbholes**



- Grasp shoulders of gown and pull forward with a quick firm tug.
- Roll outside of gown inward, folding contaminated outside layer away from body.
- **Remove gloves while rolling off gown.** Avoid contaminating hands. Keep hands on clean side of gown.
- Discard gown and gloves in trash



**Reusable gowns or disposable gown without thumbholes**

- Remove gloves, discard in trash
- **Perform hand hygiene with ABHR**
- Untie gown in back (or have buddy untie).
- Grasp shoulders of gown and pull forward with a quick firm tug.
- Roll outside of gown inward, folding contaminated outside layer away from body. Remove gown. *Avoid contaminating hands.*
- Discard gown in trash (if disposable) or in soiled linen (if reusable).



**Step 2:** Perform hand hygiene with ABHR.



**OUTSIDE Patient Room**

**Step 3:** Remove face shield.

- Lean forward and grasp band at back of head. Refer to site policy for disinfection and **re-use**.



**Step 4:** Perform hand hygiene with ABHR.



**Step 5:** Remove N95

- Refer to site policy for **re-use**.



**Step 6:** Perform hand hygiene with ABHR.

