

# Donning and Doffing of COVID-19 PPE

## Airborne + Contact Precautions CAPR

**Before ENTERING Room:** Remove all personal items (jewelry, watches, cell phones, etc.) and secure hair.



**Step 1:** Perform hand hygiene with alcohol-based hand rub (ABHR).



**Step 2:** Put on CAPR.



**Step 3:** Put on gown.

- Insert thumb into thumb hole, if present.
- Tie all ties securely.



**Step 4:** Put on gloves

- Pull gloves over sleeves to cover wrists.



### After ENTERING Room

Keep gloved hands away from face and avoid unnecessary touching of objects or surfaces.

### EXITING PATIENT ROOM

#### INSIDE Patient Room

**Step 1:** Remove gloves and gown.



- Remove gloves (unless using gown with thumb holes). Discard in trash. **Perform hand hygiene with ABHR**
- Untie gown in back (or have buddy untie).
- Grasp shoulders of gown and pull forward with a quick firm tug.
- Roll outside of gown inward, folding contaminated outside layer away from body.
- Discard gown in trash (if disposable) or in soiled linen (if reusable).
- If using gown with thumbholes: Remove gloves while rolling off gown. *Avoid contaminating hands. Keep hands on clean side of gown.* Dispose of gown and gloves in trash



**Step 2:** Perform hand hygiene with ABHR and exit patient room/area.



#### OUTSIDE Patient Room

**Step 3:** Remove CAPR shield. Refer to site policy for disinfection and re-use.



**Step 4:** Perform hand hygiene with ABHR.

- Put on clean gloves.



**Step 5:** Remove and disinfect CAPR equipment.



**Step 6:** Remove gloves and discard in trash.



**Step 7:** Perform hand hygiene with ABHR.